



2010

12th International Ayurveda Symposium

18th and 19th September 2010

Main topics

- Ayurveda and Psychotherapy
- Phytotherapy with Classical and European Medicinal Plants

Saturday, 18th September 2010

- 10:30 **Reception and Registration**
- 11:00 Opening Speech and Addresses: *Mark & Kerstin Rosenberg*
- 11:40 Keynote: *Prof. Ramesh Babu M.D. (Ayu.)* (AYUSH)
- 12:00 Panel Discussion
IDEAL EDUCATIONAL SYSTEMS AND TRADITIONS FOR AYURVEDA
with Prof. Manjari Dwivedi, Ashtavaidya Narayanan Nambi and Elmar Stapelfeldt, among others
- 13:00 Ayurvedic Lunch
- 14:30 Lectures (45 minutes) (optional)
Principles of Psychotherapy in Ayurveda
with *Prof. Shiva Kumar Mishra Ph.D. (Ayu.)*
Role of Ayurveda in the Management of Neuromuscular Diseases (DMD, BMD, LGMG)
with *Vaidya Mukesh D. Jain M.D. (Ayu.)*
Ayurveda made easy – A Modern Concept of Ayurvedic Phytotherapy in Austria with *Dr. Ashish Bhalla*
Food for the Body – Food for the Mind
with *Prof. Shivenarain Gupta M.D. (Ayu.)*
- 15:20 Lectures (45 minutes) (optional)
Ethics and Spiritual Dimension in Health Care
with *Prof. Dr. Manjari Dwivedi Ph.D., M.D. (Ayu.)*
Mind Body Relationship in Health and Disease
with *Dr. Mauroof Athique DAMS (Hons.) MD (MA) PhD*
Ayurvedic Therapy of Stress-related Digestive Disorders using European Medicinal Plants with *R. Steuernagel*
Ayurvedic Psychotherapy in Comparison to Western Methods in the Treatment of Depressions
with *Jean-Pierre Crittin*
- 16:30 **Ayurvedic Massage and Herbal Therapy for Stress Reduction and Vitalisation** with *K. Bachmaier/ P. Brattinger*
- 16:30 Experts Forum "Ayurv. Phytotherapy" / Lectures (15 min. each)
Concept of Ayurvedic Pharmacology
with *Maya Ram Uniyal A.M.B.S. PhD*
Evolution and Regional Adaptation of Ayurvedic Pharmacopoeia with *Ram Manohar M.D. (Ayu.)*
Analysis and Application of Local Plants according to Ayurvedic Criteria with *Dr. Guido Sartori*
Quality Assurance, Licensing and Adaptation of Ayurvedic Products on the EU Market
- 18:00 Panel Discussion
AYURVEDA MEDICINE WITHOUT MEDICATION? TRENDSETTING MODELS FOR AYURVEDA HOSPITALS AND PRACTICES IN EUROPE
with *Dr. Kalyani Chopra, Dr. Wiebke Mohme, Dr. Ludwig Kronpass, Dr. Christian Kessler and Ralph Steuernagel, among others*
- 19:00 Ayurvedic Dinner
- 20:30 **Concert: Classical Indian Music**

Sunday, 19th September 2010

- 07:00 Start into the 2nd Symposium Day: Traditional Indian Fire Yagna
- 08:00 Breakfast
- 09:00 Lectures (75 minutes) (optional)
Psychology and Psychiatry in the Tradition of Ayurveda
with *Ram Manohar M.D. (Ayu.)*
The Doctrine of Signatures in Ayurvedic Pharmacology
with *Maya Ram Uniyal A.M.B.S. PhD*
Single Agent Preparations, Complementary Medicines and Regional Herbs in Ayurvedic Therapy of Prostate Cancer
with *Hans H. Rhyner PhD, M.D. (AM)*
Ayurvedic Medicinal Plants for Psychotherapy
with *Dr. Kalyani Chopra*
Physiology of Meditation with *Dr. Jorge Luis Berra M.D.*
- 10:30 Lectures (75 minutes) (optional)
Concept of Mind and Psychology in the Indian Medical Tradition with *A.N. Narayanan Nambi M.D. (Ayu.)*
Ayurvedic Medicinal Plants for Gynaecological Disorders
with *Prof. Manjari Dwivedi PhD M.D. (Ayu.)*
Ayurveda and Yoga Therapy for Parkinson's Patients
with *Prof. Dr. Horst Przuntek*
Psychotherapeutic Interpretation and Practical Use of Ca. Sa. Su 1:42 in case of Chronic Pain
with *Dr. Hedwig Gupta*
Vyana Vayu Abhyanga – Massage Techniques against Mental and Psychosomatic Disorders with *Carmen Tosto*
- 12:00 Panel Discussion
SICK PEOPLE IN A SICK SOCIETY: PSYCHOSOMATICS IN THE LIGHT OF AYURVEDA
with *Dr. Ashish Bhalla, Prof. Shivenarain Gupta and Jean-Pierre Crittin, among others*
- 13:00 Ayurvedic Lunch
- 14:30 Lectures (75 minutes) (optional)
Domestic Ayurveda: The Ayurvedic Use of European Plants
with *Dr. Guido Sartori*
Ayurvedic Interpretation of Anxiety Disorders
with *Dr. Antonio Morandi*
Psychomental Concept of Healing Approaches of Ayurveda
with *Vaidya G.G. Gangadharan M.D. (Ayu.)*
Ayurveda in case of Stress-related Disorders and Burnout
with *Dr. Wiebke Mohme*
Vastu-Shastra: Why Rooms Support Cure
with *Mark Rosenberg*
- 16:00 Panel Discussion
CHALLENGES AND CHANCES FOR AYURVEDIC MEDICINE
with *Prof. Dr. Michalsen, Ramesh Babu Devalla M.D. (Ayu.), Dr. Antonio Morandi and Mark Rosenberg, among others*
- 17:00 Closing Remarks
- All German spoken lectures will be translated into English.
First Circular: Changes within the programme are possible.


12th International Ayurveda Symposium

The Ayurveda Symposium of Birstein has been ranging among the most interesting expert conferences for Ayurveda doctors and therapists for many years now. des Ayurveda in Europa.



Unique lectures and practical seminars delivered by internationally well-known Ayurveda personalities from all over Europe and India are being accompanied by stimulating panel discussions, personal encounter and an inspiring atmosphere through the venue itself with its vivid campus right in the middle of idyllic Vogelsberg near Frankfurt. Numerous outstanding Ayurveda doctors, professors and experts have announced their active participation in this 12th International Ayurveda Symposium and will speak on this year's main topics and share their unique knowledge and practical experiences. We look forward to welcoming all our guests from Germany and abroad! And we like to thank all our international partners for their support in making this event possible:


 Partner of the School of Health and Social Sciences of Middlesex University, London (UK) as validating partner for the MSc Progr. in Ayurvedic Medicine

 MoU partner of Gujarat Ayurved University, Jamnagar (India)


 Cooperation partner of Banaras Hindu University, Institute of Medical Science, Faculty of Ayurveda, Varanasi (India)


 Cooperation partner of Mahagujarat Medical Society with its J. S. Ayurveda College and P. D. Patel Ayurveda Hospital, Nadiad (India)


 Partner of the ESQH – European Society for Quality in Healthcare, Vienna (Austria)

 Memorandum of Understanding with Ayurvedic Point, School for Ayurveda Medicine & Therapy, Milan (Italy)

 MoU partner of the College of Ayurveda, Milton Keynes (UK)

 Memorandum of Understanding with FRLHT with its Indian Institute for Ayurveda and Integrative Medicine, Bangalore (India)

 Collaboration in the field of education and research with AVTAR as part of Arya Vaidya Trust, Coimbatore (India)

 Memorandum of Collaboration in the field of research with CCRAS, Dept. of AYUSH, Gov. of India (India) and Charité Med. University, Berlin (Germany)



Speakers



Dr. Mauroof Athique, DAMS (Hons), M.D. (MA), DAc, MFHom, RGN, MBA, Ph.D., one of Great Britain's leading Ayurveda doctors. Director of BSc and MSc Ayurveda Training at Middlesex University, London (Great Britain).



Prof. Ramesh Babu Devalla M.D. (Ayu.), Director General of the Central Council for Research in Ayurveda and Siddha (CCRAS) of the Dept. of AYUSH, Ministry of Health, Government of India, former Professor and Head of the Dept. of Ayurveda at the Mahatma Gandhi Institute of Medical Science, Wardha (India).



Karin Bachmaier, Ayurveda therapist and teacher for Ayurvedic massage, manual therapy and *kalari*, longstanding experience as physiotherapist in her own practice in Bavaria (Germany).



Dr. Jorge Luis Berra M.D., Pediatrician, Director Fundación de Salud Ayurveda Prema and Director of the PG Course on Ayurveda Medicine, Faculty of Medicine, Buenos Aires University (Argentina)



Dr. Ashish Bhalla M.D., General Practitioner and specialist of Ayurvedic medicine, OAK diploma in spa medicine. He runs an Ayurveda practice, works as spa doctor and teacher of Ayurvedic medicine in Germany, Italy and Austria. (Austria).



Petra Brattinger, certified masseur with comprehensive Ayurvedic education (Germany/India). She works as Ayurveda teacher and therapist and is head of the Dept. of Manual Therapies at AyurSan Hospital in Roththalmuenster (Germany).



Dr. Kalyani Chopra M.D. is senior doctor of the Dept. of Ayurveda at the Habichtswald Klinik in Kassel (Germany). Longstanding experience as Ayurveda teacher. Her special subject is western and ayurvedic phytotherapy.



Jean-Pierre Crittin, psychologist (FSP), has been working as therapist, psychological consultant, trainer and sports psychologist for over 25 years. Runs a practice for Ayurvedic psychology. (Switzerland).



Prof. Dr. Manjari Dwivedi, M.D. (Ayu.), Ph.D., Vice Dean of the Faculty of Ayurveda and professor of gynaecology at the Institute of Medical Sciences at BHU-University, Varanasi (India). Delivers numerous lectures in India, the USA and Europe. She was invited by the Vatican to speak on ethics and spirituality in Rome 2009.



Vaidya G.G. Gangadharan, M.D. (Ayu.), director of IIAIM – Indian Institute for Ayurveda and Integrative Medicine of FRLHT – one of India's largest and most innovative foundations for Ayurveda. Author and Ayurveda doctor (India).



Dr. Hedwig H. Gupta, specialist for orthopaedics and rheumatology, has been working with Ayurveda and therapeutic yoga in her own practice in Ludwigsburg (Germany) since 1995. She completed a postgraduate study programme at Banaras Hindu University.



Prof. S. N. Gupta, M.D. (Ayu.), head physician and professor at the Ayurveda Hospital and College in Nadiad (India). He has been senior lecturer at the European Academy of Ayurveda (REAA) and head of the REAA Academic Advisory Board for more than 15 years.



Vaidya Mukesh D. Jain, M.D. (Ayu.), researcher and specialist for neuromuscular diseases with focus on experimental *panca-karma* and yoga therapy, board member of the AYUSH Muscular Dystrophy Society (India).



Dr. Christian Kessler M.D., M.A., physician in the Dept. for Complementary and Natural Medicine within the Immanuel Hospital and Charité Medical University Berlin, Coordinator for Ayurveda Research within the same. Is also active as Indologist.



Dr. Ludwig Kronpaß, head physician of the Hospital for Gynaecology and Obstetrics in Roththalmuenster (Passau). Head of AyurSan Hospital and programme leader for postgraduate trainings in Ayurveda medicine for medical doctors, vice president of VEAT e.V.



Vaidya Ram Manohar, M.D. (Ayu.), Ayurveda doctor and pharmacologist, director of research with Arya Vaidya Pharmacy, Coimbatore, India. He is associated with several Ayurveda research projects in Europe and USA. Counsellor to the Dept. of AYUSH, Gov. of India.



Prof. em. S. K. Mishra Ph.D. (Ayu.), professor for internal medicine of Ayurveda (*kaya-cikitsa*), former head of the P.G. Faculty of Internal Medicine at renowned Gujarat Ayurved University, Jamnagar (India), comprehensive research work. Faculty member of REAA.



Prof. Dr. A. Michalsen, doctor of internal and natural medicine, homeopathy, nutritional & physical medicine and acupuncture. Chair of Clinical Natural Medicine at Charité Berlin (Germany) and head physician of Dept. of Natural Medicine at Immanuel Hospital. Board member of the Hufeland Society, the German and the European Society of Natural and Complementary Medicine.



Dr. Wiebke Mohme M.D., specialist of general medicine and naturopathy. She teaches & practises Ayurveda in her own clinic in Hamburg (Germany).



Dr. Antonio Morandi, M.D., PhD, neurologist and Vaidya (Ayurveda Academy, Pune (India) / Joytinat International College of Ayurveda). Director of Ayurvedic Point, Milan (Italy) and president of SSIMA (Italian Scientific Society for Ayurvedic Medicine). (Italy).



Ashtavaidya A.N. Narayanan Nambi M.D. (Ayu.), head of research and education at the Institute of Ayurveda S.N.A. Oushadhasala (P) Ltd, Thrissur, Kerala. He is associate professor at Vishnu Ayurveda College and Ayurveda teacher in Italy. (India).



Prof. Dr. Horst Przuntek, renowned neurologist, Professor emeritus at the Ruhr University Bochum, Director Dept. of Neurology and Complementary Medicine at the EvK Hospital Hattingen, Head of the intern. working group „Research“ under the Dept. of AYUSH.



Hans H. Rhyner, M.D. (AM), doctor of natural medicine, author, has been lecturing and practising Ayurveda on international levels in Germany, Austria, Switzerland and India for 30 years. Producer of a special biological line of Ayurveda-Herbal-Products.



Kerstin Rosenberg, internationally well-known specialist, author and teacher for Ayurvedic nutrition, therapy and psychology since 20 years. Head of European Academy of Ayurveda's departments.



Mark Rosenberg, founder and managing director of the European Academy of Ayurveda, longstanding experience as *vastu* expert and yoga teacher, head of the intern. working group "Education" of the Dept. of AYUSH and President VEAT Ayurv Professional Assc.



Dr. Guido Sartori M.D., president of "Atha", Italian Association of Ayurvedic Patients (APA), vice president of the Italian Scientific Society of Ayurvedic Medicine (SSIMA), senior teacher of Ayurvedic Medicine for Doctors, Ayurvedic Point, Milan (Italy).



Elmar Stapelfeldt, M.A. (Indology), practitioner of natural medicine, author, teacher and programme leader of the university-validated Master of Science in Ayurvedic Medicine at the European Academy of Ayurveda. Head of Dept. Ayurveda Medicine REAA.



Ralph Steuernagel, practitioner of natural medicine, has been devoting himself to the interdisciplinary collaboration of western & eastern medicine for 16 years now. He runs his own Ayurveda clinic and academy in Bad Homburg (Germany).



Carmen Tosto, yoga teacher & Ayurveda therapist, vice director of Ayurvedic Point, Milan (Italy), holds the Honorary Degree of Ayurveda Acharya from Ashtavaidya Thaikat Moss, Thrissur.



Dr. Maya Ram Uniyal, A.M.B.S., Ph.D., member of the Medicinal Plants Board and Ayurvedic Pharmacopoeia Committee of the Government of India, more than 45 years of experience in the area of Ayurvedic medicinal plants, author of numerous books & articles, international lecturer.



European Academy of Ayurveda

Germany · Austria · Switzerland



Extensively audited further educational institution and certified member of Weiterbildung Hessen e.V. – an initiative of the Hessian Ministry of Economy and the European Union Social Fund.



Member of VEAT European Professional Association of Ayurvedic Practitioners and Therapists.



Studying and Experiencing Ayurveda

European Academy of Ayurveda – Birstein, Zurich, Vienna

The Ayurvedic competence centre offers professional studies courses in Ayurvedic Medicine, Therapy and Health Care on highest levels and in cooperation with Indian and European partner universities and institutions. Innovative trainings and further educational seminars allow for accredited degrees and provide new impulses for professional and personal development.

Master of Science in Ayurvedic Medicine



University-validated study programme in Ayurvedic Medicine for medical doctors (accredited for CME points – Continued Medical Education) and gov. licensed Practitioners of Natural Medicine and professionals from other areas of medicine with long-standing clinical / medical work experience. The multi-level four-years part-time study programme (3135 hours / 240 UK-Credits / 90 ECTS) held in German language is offered in co-operation with Middlesex University, London. The Master's dissertations are supervised by research staff of the Chair of Natural Medicine of Charité Medical University, Berlin. Training places include Birstein, Berlin, Munich, Vienna and Zurich. Next training programme starts end of October 2010.

Informative session on Sat. 18 Sept. 19:30- 20:30

Weitere Infos online unter: www.ayurveda-akademie.org

Informational material

Please send me free informational material on:

- Trainings and seminars at the European Academy of Ayurveda
- Ayurveda Health and Treatment Centre in Birstein (only available in German)
- Extra information – *Master of Science in Ayurvedic Medicine* (in English)

Registration

- Herewith I register for the 12th International Ayurveda Symposium on 18th and 19th September 2010. I agree to pay the participation fee of € 210,- per person including Ayurvedic board arrangements right after receipt of the invoice.
- I'm able to attend only one day: Saturday € 120,- Sunday € 135,-
- I also wish to attend the informational session on the new Master of Science study programme in Ayurvedic Medicine going to take place on Saturday evening.

Attendee 1

First and last name

Country, zip code, city

Street

Phone, mobile or fax

E-mail

I am a Physician Therapist _____

Attendee 2

First and last name

Country, zip code, city

Street

Accommodation

- Please send me a list of hotels and bed & breakfast places in Birstein and nearby.

With your signature you accept our conditions of participation, accessible online under www.ayurveda-akademie.org

Place /Date

Signature of Attendee

Anmeldung „Ayurveda-Symposium 2010 - WebVersion Juni 2010-englisch

Please send by letter post or Fax 0049-6054 - 913136.

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